

MACS FALL INVITATIONAL OCTOBER 14-16, 2016

SILVER, GOLD, CRIMSON & ELITE are expected to attend this meet.

Mountaineers/Pioneers please see coach.

Entries due Sunday, September 25th

Location: Arapahoe High School. 2201 E. Dry Creek Road. Littleton, CO 80122

Entry Fees: \$4.25 for Friday. \$17 for each Saturday and/or Sunday plus a \$6.00 per swimmer surcharge.

Events: Each swimmer may enter up to 4 events per day. The 1650 Free events will be limited to the top 32 seeded entrants of each gender, regardless of age. All 1650 Freestyle and 500 Freestyle swimmers must provide their own timers and counters. **Positive check-in is required for the 1650 Yard Free, 500 Yard Free and the 400 Yard IM events. The 1650 Yard Free, 500 Yard Free and the 400 IM will be swum fastest to slowest, with alternation women's and men's heats**

Schedule:	Date	Warm-Up	Start
Friday PM	Oct. 14	4:00 – 4:50 pm	5:00 pm
Saturday AM	Oct. 15	7:00 – 7:25 am	7:35 am
Saturday AM	Oct. 15	10:30 – 10:55 am	11:05 am
Saturday PM	Oct. 15	TBD	3:00 pm
Sunday AM	Oct. 16	7:00 – 7:25 am	7:35 am
Sunday AM	Oct. 16	9:30 – 9:55 am	10:05 am
Sunday PM	Oct. 16	TBD	2:40 pm

**Session 1- Friday Evening, October 14, 2016
4:00 - 4:50 PM Warm-up 5:00 PM Start**

BOYS

Event				
EVENT #	Qual Time		Qual Time	EVENT#
1	Top 32	Open 1650 Free	Top 32	2

Session 2- Saturday Morning, October 15, 2016

7:00 - 7:25 AM Warm-up 7:35 Start

GIRLS		BOYS
EVENT #		EVENT#
3	10 & U 50 FREE	4
5	8 & U 25 FREE	6
7	10 & U 100 BACK	8
9	8 & U 25 Back	10
11	10 & U 100 IM	12
13	8 & U 100 IM	14
15	10 & U 50 BREAST	16
17	8 & U 25 BREAST	18
19	10 & U 50 FLY	20
21	8 & U 25 FLY	22
23	10 & U 200 FREE	24

Session 3- Saturday Morning, October 15, 2016

10:30 - 10:55 AM Warm-up 11:05 Start

GIRLS		BOYS
EVENT #		EVENT#
25	11-12 50 FREE	26
27	11-12 100 BACK	28
29	11-12 100 IM	30
31	11-12 50 BREAST	32
33	11-12 50 FLY	34
35	11-12 200 Free	36

Session 4 - Saturday Afternoon, October 15, 2016

1:50 – 2:20 and 2:20 – 2:50 PM Warm-up 3:00 Start

GIRLS		BOYS
EVENT #		EVENT#
37	13 & O 100 FREE	38
39	13 & O 100 BACK	40
41	13 & O 200 FLY	42
43	13 & O 100 BREAST	44
45	13 & O 200 FREE	46
47	13 & O 400 IM	48

Session 5- Sunday Morning, October 16, 2016

7:00 - 7:25 AM Warm-up 7:35 Start

GIRLS		BOYS
EVENT #		EVENT#
49	10 & U 100 FLY	50
51	10 & U 100 BREAST	52
53	10 & U 200 IM	54
55	10 & U 100 FREE	56
57	10 & U 50 BACK	58

Session 6- Sunday Morning, October 16, 2016

9:50 – 10:15 AM Warm-up 10:25 Start

GIRLS		BOYS
EVENT #		EVENT#
59	11-12 100 FLY	60
61	11-12 100 BREAST	62
63	11-12 200 IM	64
65	11-12 100 FREE	66
67	11-12 50 BACK	68
69	12 & U 500 FREE	70

Session 7- Sunday Afternoon, October 16, 2016

1:30 –2:00 and 2:00–2:30 PM Warm-up 2:40 PM Start

GIRLS		BOYS
EVENT #		EVENT#
71	13 & O 200 BREAST	72
73	13 & O 100 FLY	74
75	13 & O 200 BACK	76
77	13 & O 50 FREE	78
79	13 & O 200 IM	80
81	13 & O 500 FREE	82