

## **JEFFCO PINEAPPLE OPEN**

**November 11-13, 2016**

**SILVER, GOLD, MOUNTAINEERS (See coach) CRIMSON & ELITE are expected to attend this meet.**

**Toppers/Bronze/Pioneers/Mountaineers should attend TOPS SLQ on October 29<sup>th</sup> and Turkey Trot in November**

**Entries due Friday, September 30**

**Entry Fees:** \$5.00 per event (\$0.75 per splash goes to the CSI Support Fund). \$6.00 pool surcharge per swimmer. \$5.00 per deck entry at time of entry into open lanes only.

**Rules:** Current 2016 USA Swimming and CSI rules and regulations shall apply.

1. **Participating teams may be assigned lanes for timing.**
2. Events will be pre-seeded and swimmers should report directly to the blocks with the exception of 12 & under 500 Free, Open 1000 Free, Open 500 Free, and Open 400 IM, which will require a positive check in approximately 60 minutes prior to the start of the event. Failing to check in for an event may result in not being able to compete in that event. **Swimmers must provide their own timers for all positive check-in events. Swimmers must provide their own counters for all 500 and 1000 yard freestyle events.**
3. Qualification times for the 500 Free and 400 IM are subject to verification.

**Distance Events:** The 1000 free will be swum fastest to slowest, alternating heats of girls and then boys. We reserve the right to limit these events and the 12&U 500 Free to the fastest 40 girls and 40 boys regardless of age to fit in the published timelines. The psych sheet with event ranking will be posted to the NJST website. No refunds will be given to swimmers who do not get to compete in entry limited events.

**Awards:** Ribbons awarded for 1<sup>st</sup>-8<sup>th</sup> place for age groups 8&Under, 9-10 and 11-12. No awards for open events. There will be no team scoring.

Schedule of Swimming Events, Friday, November 11, 2016

Warm Up: 3:50-4:50 PM Session 1 Starts: 5:00 PM

<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>
1	Open	50 Free	2
3	Open	200 IM	4
5	12&U	500 Free	6
7	Open	1000 Free	8

Schedule of Swimming Events, Saturday, November 12, 2016

Warm Up: 7:00-8:00 AM Session 2 Starts: 8:10 AM

<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>
9	12&U	50 Fly	10
11	12&U	100 Free	12
13	12&U	100 Back	14
15	12&U	50 Breast	16
17	12&U	200 IM	18

Schedule of Swimming Events, Saturday, November 12, 2016

Tentative Warm Up: 12:30-1:30 PM Tentative Session 3 Start Time: 1:40 PM

<u>Qual</u>	<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>	<u>Qual</u>
	19	Open	100 Free	20	
	21	Open	200 Back	22	
	23	Open	100 Breast	24	
	25	Open	200 Fly	26	
6:10.00	27	Open	500 Free	28	6:10.00

Schedule of Swimming Events, Sunday, November 13, 2016

Warm Up: 7:00-8:00 AM Session 4 Starts: 8:10 AM

<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>
29	12&U	100 IM	30
31	12&U	100 Fly	32
33	12&U	50 Free	34
35	12&U	100 Breast	36
37	12&U	50 Back	38
39	12&U	200 Free	40

Schedule of Swimming Events, Sunday, November 13, 2016

Tentative Warm Up: 12:30-1:30 PM Tentative Session 5 Start Time: 1:40 PM

<u>Qual</u>	<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>	<u>Qual</u>
	41	Open	100 Fly	42	
	43	Open	200 Breast	44	
	45	Open	100 Back	46	
	47	Open	200 Free	48	
5:33.00	49	Open	400 IM	50	5:25.00