

SUBURBAN LEAGUE DISTANCE INVITATIONAL
SATURDAY DECEMBER 17, 2016
OPEN TO ALL GROUPS EXCEPT ELITE

Location: Meyers Pool, 7900 Carr Drive, Arvada, CO 80006

Each swimmer may enter a maximum of 3 individual events.

ENTRY FEE: \$15.00

ENTRY DEADLINE: MONDAY, DECEMBER 5TH

1000 & Mile: Swimmers are required to provide their own timers and counters for the 1000 and 1650.

Awards: Ribbons 1st thru 6th for 12 & Unders.

SESSION 1

7:30am Warm Up / 8:10am Meet Start

1	12&U 200 free	2
3	8&U 100 free	4
5	12&U 100 fly	6
7	8&U 50 fly	8
9	12&U 100 back	10
11	8&U 50 back	12
13	12&U 100 breast	14
15	8&U 50 breast	16
17	12&U 200 IM	18
19	8&U 100 IM	20
21	12&U 500 free	22
	15 min break	

SESSION 2

TBA after entry deadline, approximately 12:00pm

23	12&U 1000 Free	24
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SESSION 3

Warm Up after session 2, TBA

25	Open 200 fly	26
27	Open 200 back	28
29	Open 200 breast	30
31	Open 400 IM	32
33	Open 1650 free	34