2017 CSI Pioneer Open
Warm-Up and Meet Start Schedule

## Prelim/Final Sessions

<table>
<thead>
<tr>
<th></th>
<th>Prelims</th>
<th>Finals</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Warm-Up</td>
<td>7-8 am</td>
<td>4:30-5:05 pm</td>
</tr>
<tr>
<td>Specific Warm-Up</td>
<td>8:00-8:20 am</td>
<td>5:05-5:20 pm (see below)</td>
</tr>
<tr>
<td>Meet Start</td>
<td>8:30 am</td>
<td>5:30 pm</td>
</tr>
</tbody>
</table>

### Prelim/Final Specific Warm-Up

**North Pool**
- Lane 1+8 Coach Supervised PACE ONLY
- Lane 2,3+6,7 ONE-WAY STARTS ONLY
- Lane 4-5 General Warm-up

**South Pool (prelims only)**
- Lane 1 Coach Supervised PACE ONLY
- Lane 2+3 ONE WAY STARTS ONLY
- Lanes 4-9 General Warm-Up

## Timed Final Session- 10 & Under

<table>
<thead>
<tr>
<th></th>
<th>Saturday/Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Warm-Up</td>
<td>12:50-1:10 pm</td>
</tr>
<tr>
<td>One Way Starts (North Pool=All Lanes)</td>
<td>1:10-1:20 pm</td>
</tr>
<tr>
<td>Meet Start</td>
<td>1:30 pm</td>
</tr>
</tbody>
</table>

South Pool Timed Final Session- 10 & Under
General Warm-Up throughout Session